



Making
Headway
SOMERSET

Making Headway Buddies support and encourage people following a brain injury, as they look to rebuild confidence and make connections with their communities and interests.

Volunteers will be trained, DBS checked and carefully matched to an individual. If you would like to be a Volunteer Headway Buddy or use this service.

If you would like to be a Volunteer Headway Buddy or use this service:

Contact:

tricia@headwaysomerset.org.uk

07927 644128

www.headwaysomerset.org.uk



HeadwaySomerset



If you use our service, we will support you to:

- Be more involved in your community and join in local activities of your choice
- Build self-esteem and confidence.
- Become more independent
- Meet new people and have fun

As a Making Headway Buddy you will:

- Learn about Head Injury
- Have ongoing support and training opportunities
- Develop transferable skills (great for your CV)
- Meet people and have fun

Registered Charity No. 1097407



The National Lottery Community Fund

Image: www.russethousephotography.co.uk