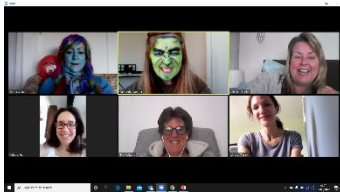


Welcome to our second newsletter

Here we are at the beginning of Autumn and it's been almost five months since many of us last met up. I hope everyone has been managing through this very strange time. As you know Headway Somerset has been here for you - Wendy at Hospital Liaison has continued to work remotely to support people newly diagnosed as well as their families, Tricia has been planning, spreading the word and reaching out for volunteers at Making Headway and the Rehabilitation Team have been in regular contact to provide support and information and activity packs for all the people we would usually see in Centres or on Outreach.



The rest of us (apart of course from our staff on furlough) have continued to work from home keeping the organisation going, paying the bills, making funding applications, updating website and social media, dealing with HR, doing reports for our various funders, updating policies, delivering training by Zoom, and very importantly making sure we staff the phone line and the info@ email Monday to Friday to respond to enquiries from people with ABI and their families.

In early July we also moved our central office in Taunton to a new and much smaller space which will save Headway Somerset money as well as reflect the fact that most of our work is done in the community and not in an office. A huge thank you to all the staff who helped with the downsizing!

Fundraising



Our vice chair Claire and her husband Derek walked an amazing 120 miles for Headway Somerset, they contended with extreme weathers with high temperatures and torrential rain, sore feet and aching limbs all for us. Including Gift Aid they have raised £4817! Wow Thank you doesn't seem enough



For our 30th birthday another of our trustees Dr Aly Norman is completing 30

challenges! One of them was a sponsored swim which is now completed

Aly is taking on a running challenge later in the year! Follow her progress on our social media

'After the success of my swimathon, I am now in training for my next 30 challenge. This will be a sponsored run. I will run 1km for every £10 sponsored. Please consider supporting me, especially as I am not keen on running!'

We have a couple of fundraising events coming up:

- A charity golf day in Bristol supported by St John's Chambers
- A Charity dinner at the Swan in Wedmore next March
- The Enable Law Quiz also next year

Our new lottery funded project



Hello to everyone

My name is Tricia and I am the new project coordinator for Making Headway

Making Headway is about supporting people to access and take part in activities that are of interest to them, with the support of volunteer Buddies

That activity may be something entirely new or a route to getting back in to something in the community that was of interest in the past.

The support will help develop social contact and opportunities for fun, learning, sharing and being involved in what matters to people.

Some of you will have been involved with the successful funding bid for this project

and I would be interested to hear from you about how you thought the project could go forward.

Do you have something that you would like to do that some one to one support would help you get going on? You may want to volunteer as a Buddy, or get involved with the Steering Group Contact me tricia@headwaysomerset.org.uk 07927 644128



I'm working Tuesday, Wednesday and Thursday each week.

I've been involved in community services for most of my working life ,

My interest in this post is that it involves working with you, volunteers and Headway to develop services that people have asked for, and giving everyone involved the opportunity to try and to enjoy something more in their lives.

Link with me virtually now and I look forward to seeing you in person in the future



Our phone calls to you are very important to us Its lovely to hear that they are important to you too:

Stuart's Story

It was in March when the lockdown started and the twice weekly sessions at Headway Yeovil ceased to be. Thanks to Sue and Michelle keeping us informed by email, phone and Zoom

I installed Zoom for twice weekly video conferencing with Sue and Music with Nigel, also I was asked if I would like some work packs I said yes please, they have all arrived in the post.

I have become over obsessed with the colouring, so when we meet again you will see all the art works I have done (quite a lot!)

I was also asked to reinstall skype and try and get in touch with another friend from the centre. I suddenly found the right button to press and hey presto I found myself in conversation with my friend. Apart from this I have followed the guidelines and stayed inside. Missing going to the centre and missing you all, hopefully we will all be back soon.

Stuart

Relatives Support Group

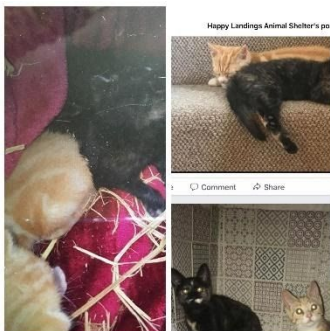


Wendy's next Zoom relatives group is on Monday November 9th at 7pm Get in touch with Wendy for the link to join in Wendy@headwaysomerset.org.uk



A big welcome back to Lauren who I am sure a lot of you will remember We are delighted to welcome back Lauren Peasey formerly a student on placement with Headway Somerset and now having graduated from Plymouth University - our new Rehabilitation Assistant at Henton. Lauren may also be helping out in the other centres

And finally



An update on a lovely story At the beginning of lockdown Sam found a cat and her kittens in a hedge in her garden, she gathered them, gave them a safe place to rest and contacted Happy Landings rescue centre They came out and collected the kittens and their mum All the kittens now have new homes and the mum will stay at Happy Landings

Get in touch if you have any stories for our next newsletter follow us to keep up date on:



Or email Krista@headwaysomerset.org.uk